

In Partnership With



Nag News



Bitter Root Back Country Horsemen

July 2021

Issue #07

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BACK COUNTRY HORSEMEN MISSION STATEMENT

1. To perpetuate the common sense use and enjoyment of horses in America's backcountry and wilderness areas.
2. To work to ensure that public lands remain open to recreational stock use.
3. To assist the various government, state and private agencies in their maintenance and management of said resource.
4. To educate, encourage and solicit active participation in the wise and sustaining use of the back country resource by horsemen and the general public commensurate with our heritage.
5. To foster and encourage the formation of new back country horsemen's organizations.
6. To cooperate with other B.C.H.A. organizations.

A Message from our President

Good News! Our project season is underway. Jan Bullock led a successful Calf Creek project. There was a good turnout, and a lot was accomplished. The only hitch was that recent snow prevented going in as far as was planned. Thanks to all that participated and to Dan Brandborg for bringing his tractor, which helped with repair of the kiosk. The port-a-potty is back.

The Larry Creek project is 9:00AM, Saturday, June 12. Lots to be done. Some of the work is already underway with Dan, Lionel, and me placing mileage placards 3.25 miles along the main 129 Trail. There is another 3 miles of placards to place, some water bar/ bridge cleaning, sign placement, and possibly some bog repair work. Hope to see you there.

We are returning to in-person meetings. The June 17 meeting will be at the Three Sisters group site, across from the Rock Creek Horse Camp, at Lake Como. We will gather at 6:30 for an opportunity to socialize. There will be no potluck, so bring anything food you would like for your dinner/snack. Becky Shufelt, and some of her Bitterroot National Forest colleagues will be there to discuss the forest's recreational and trails activities. Please bring your own chairs as the picnic table seating is limited.

Please visit our website for details regarding the remaining projects scheduled for this season. You can sign up for projects there as well. We appreciate your participation as the results of these projects are appreciated well beyond our group.

Gene Merrill, President

DEADLINE FOR THE Aug 2021

NAG NEWS is
5 p.m. Aug 9, 2021

SUBMIT YOUR
ARTICLES AND ADS TO:
lionel.lavallee47@gmail.com

To improve accuracy please
confirm all ads by deadline
date.

Committee	Chairs & Members	Contact
Audit	Dan Maiyo	208-940-2887
Budget	Candace Erickson	
Audio-Visual Equipment	Ed Bullock	907-575-7878
Election & Nominations	Sandra O'Brien	907-529-1315
Equipment & Inventory	Chris Grove	381-7600
Fair		
Fundraisers	Ed Bullock	907-575-7878
RTP Grant	Christy Schram-Duggan	360-5947
Historian	Tim Meyer	907-440-0841
Issues	Lionel Lavallee	640-1242
Memberships	Kathy Stoppel-Holl	961-0096
Newsletter	Lionel Lavallee	640-1242
Packing Clinic Scholarship	Chuck Miller	961-5453
Parliamentarian	Rebecca Jones	415-264-5457
Programs	Philip & Pam Torgerson	360-4933/360-3201
Projects	Dan Brandborg/Lionel Lavallee	381-5643/640-1242
Social Marketing	Susan Slempp	821-2017/381-5910
Sunshine	Cindy Beck	360-1165
Trail Rides	Jan Bullock	907-242-9853
Training	Bonnie Morgan	381-9021
Education Committee	Ed Duggan/Christy Schram-Duggan	369-3140/360-5947
Website Design	Nancy Pollman	546-6492

Bitter Root Back Country Horsemen 2021 Officers & Board

Chapter Officers

Position	Name	Term	Contact
President	Gene Merrill	2021	208-310-6326
Vice President	Dan Brandborg	2021	381-5643
Secretary	Christy Schram-Duggan	2021	360-5947
Treasurer	Barbara Walker	2021	928-606-0855

Board Members

	Term	Contact
Ed Bullock	2020-21	907-575-7878
Jan Bullock	2021-22	907-242-9853
Ed Duggan	2021-22	369-3140
Joe Kirkland	2021-22	802-2286
Katie Williams	2021-22	531-0688
Lionel Lavallee	2021-22	640-1242
Mike Costanzo	2020-21	375-1340
Julie Schram	2020-21	961-2457
Dan Maiyo	2020-21	208-940-2887

Past President: Karen Philips 406-961-0101 **State Chairman:** Sherri Lionberger 208-691-6218

State Directors: Lionel Lavallee (2021) 640-1242
Taylor Orr (2021-22) 930-5838

Alt State Director: Chuck Miller (2021) 961-5453

July 15th BRBCH Monthly meeting: Larry Creek

Program Speaker: Dan Brandborg - The origination of the Wilderness Act, the Wilderness Society and Stewart "Brandy" Brandborg's role

TRAINING UPDATES

The pandemic affected our training schedule by moving up the expiration dates for chain saw, crosscut saw, and First Aid/CPR by one year for 2020 and 2021. As a result, most training certifications will expire next year instead of being spread out as in the past. We will need to space the renewals out to prevent having a huge re-certification load next year. Chainsaw and crosscut certifications and the Defensive Horsemanship card are good for 3 years. First Aid/CPR certification is good for 2 years. For saw cards to be in effect, the First Aid/CPR certification must be current.

If you have signed up for a project this year and would like to renew your chainsaw or crosscut certification, please let me know. I will be circulating a sign-up for all trainings at the June 17 meeting at Lake Como or contact me if you are unable to attend. (Bonnie Morgan <mrgnbnn@gmail.com> or 406-381-9021.

BCH Member Benefit – Equisure Insurance

Equisure Insurance through BCHA provides discounted rates (\$20 Single or \$40 Family), Equine general liability coverage for up to \$1,000,000, and is valid for the calendar year, from January 1 through December 31 each year. The time of year you purchase the insurance does not change the renewal date of January 1.

You must be a member of a BCH chapter to purchase insurance. Download the form and send in your payment. You can enclose a check or provide your credit card information on the form. For questions, open the Equisure FAQ.

Equisure Insurance Form:

<https://files.constantcontact.com/e75b0703801/4aeaadb6-6096-4fd6-9523-9cc169aa18e2.pdf>

Equisure FAQ:

<https://files.constantcontact.com/e75b0703801/ae51afa4-939e-4ca5-b4ca-b9c60bdb2397.pdf>

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Monday – Friday 8 – 5:30

Saturday – 9 – 4

406-961-49717



Keeping Your Horse Cool from University of Minnesota Extension

Summer is a common time for heat-related issues, but unexpected warm weather can add to overheating, especially if horses are out of shape and have long, thick coats.

Overheating can result

from:

- Hot weather
- High humidity
- Poor barn ventilation
- Prolonged exposure to direct sunlight
- Excessive work
- Transportation
- Obesity

Here are some tips to keep your horse cool and comfortable during hot weather.

Provide Free Access to Clean Water

Always provide unlimited access to clean, cool (45 to 64 F) water. At rest, an adult horse in a cool climate will drink about 6 to 10 gallons of water daily depending on feed. They'll drink much more while working or in hot conditions. A horse's stomach can hold between 2 to 4 gallons of fluid without becoming over distended.

Allowing a hot horse a few swallows of cool, fresh water every few minutes is key to combat the effects of heat stress.

Clean water buckets and tanks more often in hot weather to prevent algae and bacteria from growing. Blue algae toxicity is more common in ponds or slow running streams during hot, dry weather.

Reduce Ride Time and Intensity

Heat stress can affect any horse but is especially common in older, obese, and out of shape horses. Young foals tend to be more prone to heat stress and dehydration.

Avoid riding a horse when the combined temperature and relative humidity is over 150.

If you must ride a horse in hot and humid weather, or you live in an area where hot and humid weather is common, it's key to:

- Adjust your schedule (ride early in the morning or late at night).
- Keep the work light and include frequent breaks that allow the horse to cool down and regain a normal breathing rate. Don't work the horse beyond its fitness level.
- Watch for normal sweating.
- Create airflow (use fans) and work the horse in shade when possible.
- Provide access to cool, clean water at all times and offer water frequently during work. There's no reason to withhold water from a hot horse.
- Call a veterinarian right away if your horse stops producing sweat, breathes heavily, or becomes lethargic, distressed, or uncoordinated.

Provide relief from the sun

Shade from trees or buildings will provide your horses relief from the sun. Be aware that the shade will change throughout the day and buildings may block natural airflow.

Watch for signs of sunburn, especially on white or light-colored areas. In addition to shade, masks can help protect your horse from sunburns.

Consider Electrolytes

Consider providing electrolytes to horses that have been sweating heavily or you expect to do so. If you add electrolytes to drinking water, also offer plain water. Some horses don't like the taste of electrolytes and will drink less.

Only use electrolytes formulated for horses.

Additional Tips

- Provide turnout during cooler times of the day (early morning, late at night or overnight).
- Use fans to improve airflow. Keep the cords and plugs out of the horse's reach to prevent electrocution.
- Airflow will speed the cooling process.
- Misting fans are even more effective at cooling.
- Provide free access to salt to promote drinking. Loose salt is preferred over a salt block.
- Clip horses with long hair coats (horses with Cushing's disease) to enhance cooling.
- Transport horses during the coolest part of the day. Make sure that trailers are well ventilated and offer water often. Don't park in direct sunlight with horses inside.
- Watch horses with anhidrosis who have little or no ability to produce sweat. These horses are prime candidates for heat stress.

2021 YOUTH SUMMER PACKING CAMP

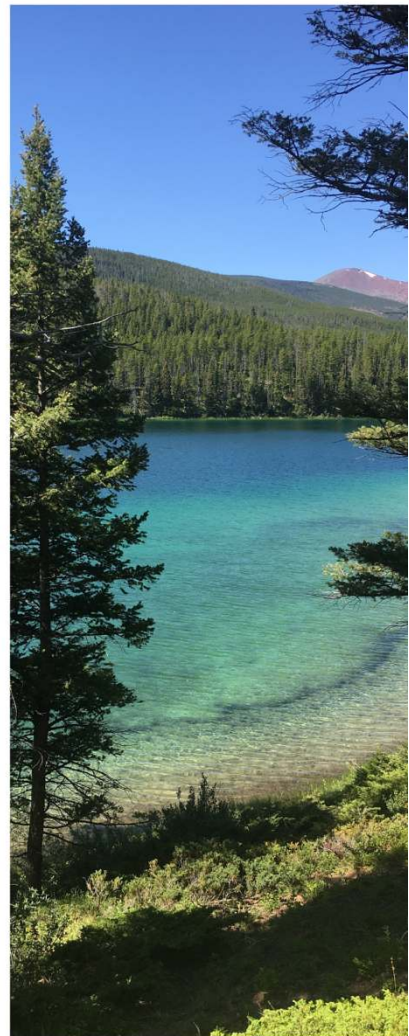
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INDIAN MEADOWS, MT



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FOR FULL DETAILS AND TO APPLY, VISIT WWW.BCHMT.ORG



BACKCOUNTRY KITCHEN



Mexican Quinoa Wraps

This quick and easy recipe fits in nicely during the hot summer months of summer (from Pinterest.com)

Ingredients

- 1 cup quinoa, uncooked
- 15 oz canned black beans
- 7 oz frozen corn
- 1 onion, chopped
- 1 chili, chopped, seeds removed (optional)
- 1 red pepper, diced
- BBQ sauce
- wraps
- salt, pepper to taste
- guacamole, vegan sour creme (optional)

Directions

1. Cook the quinoa according to the manufacturer's instructions.
2. In the meantime, prepare the vegetables. Peel and chop the onion, seed and dice the chili and red pepper.
3. Heat a saucepan and add a little bit of oil. Transfer the onion, chili, and red pepper and sauté for about five minutes until they begin to soften.
4. When the quinoa is ready, take a wrap and fill it with the vegetables mix, corn, and black beans. Add a bit of guacamole and sour creme, plus a dash of BBQ sauce, if you like. Roll and enjoy.

**BITTER ROOT BACK COUNTRY HORSEMEN
DRAFT GENERAL MEETING MINUTES, June
17, 2021**

The June 2021 general meeting of the Bitter Root Back Country Horsemen (BRBCH) was called to order by President Gene Merrell at 7:03 pm. The meeting was held at Three Sisters Campground in Lake Como. There were 37 members present. Ed Duggan led the Pledge of Allegiance to start the meeting.

Guests: Candace Clark, Judy Veriner, Jeanette L

Program: Mark Smith and Betty Shufelt with the Forest Service were program speakers this month. Becky is from Region 5 (Northern California) and is happy to be in the Bitterroot. The Forest Service here in the Bitterroot has great partnerships that are amazing. Projected miles – 900 miles out of 1800 miles this year slated to be worked on. FY22 proposal had a quick turnaround of the same projects as FY21 to get more funding for trail maintenance. FY23 getting proposals together. If have any projects you want to focus on please let us know.

BUSINESS

Minutes: Christy asked if there were any updates to the May 2021 General meeting minutes. **Karen Philips motioned, and Kathy Stroppel-Hol seconded to accept the May General meeting minutes as distributed via newsletter. The motion carried.**

Treasurer's Report: Barbara Walker provided an update on the account balances. **Lionel Lavallee motioned, and Bonnie Morgan seconded to accept the Treasurer's report. The motion carried.** Gene discussed the Garmin InReach device, Mini \$350 with the freedom plan, \$14.95 a month. Christy discussed the functions of the Garmin that they use on the trails. Discussion took place. Multiple members brought up that it would be good to compare the two devices (the Spot and Garmin InReach). **Karen Philips motioned, and Ed Duggan seconded to purchase the Garmin InReach Mini and a subscription for the season. The motion carried.**

**CORRESPONDENCE AND
ANNOUNCEMENTS**

Thank you: Keni Hopkins in the Flathead Head Chapter. Thank you us for the decorative Horseshoes we made for the convention.

COMMITTEE REPORTS

Issues: None to report

Projects: Dan discussed Larry Creek project this past week. The project consisted of 3 bridges, a bunch of water bars, replace signs, and NE Bog. Bill Goslin working on a proposal for the NE Bog to give to the Forest Service. Tentative plans for this fall to complete the work on the NE Bog. Katie discussed the East Fork Project that is happening on July 2 – 5th. Will be staying at the East Fork cabin as a base camp with the workdays as Saturday and Sunday. The goal is to clear the main trail to Star Falls with the potential to go further. Each project needs a radio. Dan discussed the Blodgett Project happening on July 9 -11. Base camp will be at Seven Mile Meadow. Keep a lookout for Joe's email. There is a new requirement this year is that every project must have a Communications person to stay at the trailhead or at basecamp. Currently, there are five people in the chapter that are trained on the radios by the Forest Service. Gene discussed the Forest Service Volunteer Application Forms this is a Forest Service requirement.

State Directors: Lionel nothing new at the State Level. The national level is still looking at eBikes. No new information. State BCH is hosting a rendezvous on Aug 19th – Aug 22nd up Moncture Creek and please sign up by Aug 2nd. Details are in the Decker Dispatch, BCH of MT newsletter.

Membership: Kathy reported out for Kathy. There are 75 memberships and 138 members. **Maddy Atkins motioned, and Lionel Lavallee seconded for a new member and a one-family membership renewal. The motion carried.**

Training: Bonnie sent out a huge thank you to all the folks that helped. If any new member would like to complete their Defensive Horsemanship, please contact Bonnie Morgan. The First Aid and CPR, Saws Certifications re-certifications have been extended another year. The Chainsaw and Crosscut re-certifications can get with the club-designated certifier to get that done on a project.

Outreach: Karen reported the news release for meetings and social media. Anyone taking pictures on projects please get them to Karen Philips.

Program: Dan Brandborg will be discussing the Wilderness Act at the July General Meeting. For August, we will have Eva-Maria Maggi and some of her students that participated in the UM Wilderness Policy and Packing. For September, Phil is working on Bear Dogs.

Sunshine: If anyone knows of a member who needs a get well, congratulations, or condolence card, let Cindy Beck know.

Fun Rides: Jan discussed the fun rides. Plan for a 2 to 4-hour ride for the low-level trail rides. The first one will be Calf Creek this month on June 26th, with a start time of 11:00 am in the saddle. July 24th Coyote Coulee, Aug 14th at Lake Como, Sept 25th @ Larry Creek. In October, they may be a ride, pending weather.

OLD BUSINESS

Ravalli County Fair: Christy discussed the Ravalli County Fair and the fundraiser we have as a chapter, taking tickets at the gate. Christy passed around the signup for the Main, West, North, and East gate. Bonnie Duggan will be contacting all members on which gate and time they would like to sign up. Any questions about this, please contact Christy Schram-Duggan. There will be posting the signup on our BRBCH website before the General Meeting in July.

July and August General Meeting – Location: July 15th @ Larry Creek and August 19th @ Coyote Coulee

NEW BUSINESS

New Members: Kathy presented two additional new members. **Kathy**

Stroppel-Hol motioned, and Bonnie Morgan seconded for two new membership applications. The motion carried

OTHER BUSINESS

Mack & Connie Long Packing Trip in the

Scapegoat: Carol, Kathy, and Maddy talked about their experience in the Scapegoat. Maddy had the opportunity to ride up with the wranglers with the two strings of pack animals (6 and 7). Carol had a wonderful experience and a fantastic horse that helped her conquer her fear of riding on sidehills. Kathy did not have much experience packing and learned a lot. Kathy got to ride a mule! A great learning experience for all three.

Raffle drawing: Susan drew the name, Laura McManus – Woohoo!!

Next Meeting: July 15th at Larry Creek

Karen Philips motioned, and Julie Schram seconded to adjourn. The motion carried.

The meeting adjourned at 8:41 pm.

Christy Schram-Duggan, Secretary BRBCH

BITTER ROOT BACK COUNTRY HORSEMEN DRAFT BOARD MEETING MINUTES, July 1, 2021

No Board meeting due to July 4th holiday

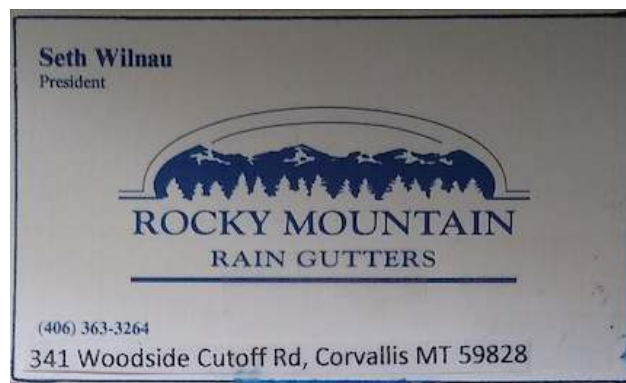
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Bitter Root Back Country Horsemen



NEXT BRBCH MEETING

Thursday, July 15th

Location: Larry Creek

Meeting at 6:30

