

# Nag News



# Bitter Root Back Country Horsemen

September 2023 Issue #9

### **BACKCOUNTRY HORSEMEN MISSION STATEMENT**

- To perpetuate the common sense use and enjoyment of horses in America's backcountry and wilderness areas.
- To work to ensure that public lands remain open to recreational stock use.
- To assist the various government, state and private agencies in their maintenance and management of said resource.
- To educate, encourage and solicit active participation in the wise and sustaining use of the back country resource by horsemen and the general public commensurate with our heritage.
- To foster and encourage the formation of new back country horsemen's organizations.
- To cooperate with other BCHA organizations.

# THURSDAY, SEPTEMBER 21<sup>ST</sup> 2023 MONTHLY GENERAL MEETING Corvallis Grange Hall, 130 Dutch Hill Road Pot Luck Dinner: 6:30 pm Mosting: 7:00 pm

Pot Luck Dinner: 6:30 pm Meeting: 7:00 pm

The Corvallis Grange Hall is located on the north side of Dutch Hill Road, just west of the intersection of Hwy 93 and Woodside Cutoff. A potluck dinner will be served at 6:30 pm followed by our monthly meeting from 7:00-8:30 pm. Guests and new members always welcome.

This month we are pleased to welcome Tracy Hawkins! Tracy will be discussing Riding Basics: by being at one with your horse, on the trail or in the arena, every ride is an opportunity to improve skills and performance. Tracey raised her three daughters on a ranch in CA where they learned to ride together. She now competes in barrel racing and ranch rodeos. Tracey's philosophy is: every ride is a lesson. Tracey resides in Stevensville where she and her equine family offer riding lessons depending on availability.

For more information, please call Gene at 208-310-6326 or check out the website at: www.bchmt.org/bitterroot. Facebook: Bitter Root Back Country Horsemen (BRBCH).

### HIGHLIGHTS THIS ISSUE

- Editor's Note
- Horse Sense
- Back Country Kitchen
- August General Meeting Minutes (Draft)
- Sept Board Meeting Minutes (Canceled)
- Report, Horsemanship Conference

DEADLINE FOR THE OCTOBER 2023 NAG NEWS is Thursday, October 12th

SUBMIT YOUR ARTICLES AND ADS TO:

djmaiyo@gmail.com



#### Editor's note:

Due to the fact that Jan is riding the range in Mongolia, there is no Presidents message this month. However, a couple of noteworthy items are worth mentioning.

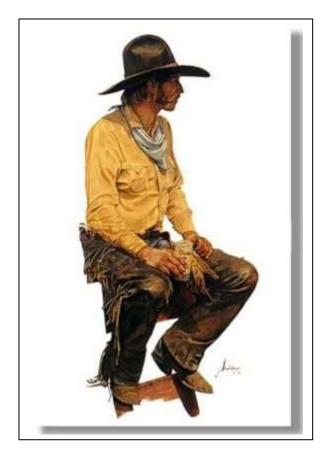
BRBCH volunteers maned the entrance gates and took and sold tickets during the Ravalli County Fair. Thursday and Saturday evenings Leslie and I were stationed at the always entertaining, never boring East Gate; where we greeted rodeo contestants, dignitaries, essential services, rodeo watchers, and lost or confused people. Thank you to all who participated and thank you to Ed Duggan for his help and advice when we had questions.

Due to a lack of a quorum, the September Board meeting was canceled. Meanwhile, in Vancouver BC, Dan Brandborg sent the following report to the board discussing two future backcountry trail projects:

First, Mill Lake to Fred Burr Lake including the switchbacks at the upper end of Burr. This may be a multiple year project with the switchbacks being the first priority. We have contacted a contract crew that would like to do this project and we are working on defining just what they will do and get a bid from them for this work. Thinking at this time is to do minimal pack support to the upper ends of the canyons here.

The second project is the upper end of Big Creek starting along the side of the lake up to Packbox pass, down Packbox trail in Idaho to the Garnet trail back up to Bear Creek pass. We are thinking this is the best project for the MCC crew. Again, minimal pack support for their two 9 day hitches. I (Dan) have been in contact with the Idaho trails person, Pete Bauer, who is all glad to see us doing work in there. The trails from Elk Summit into this country have not been cleared in years so access will be from the Bitterroot side. The Selway Frank Church foundation tried to make it around Big Creek lake to the pass but failed to get much above the lake. They are interested in coordinating with our group in some way.

As the summer now shifts into fall, on behalf of the BRBCH President, Chapter Officers, Board Members, Chair and Committee members, a giant thank you to all BRBCH members for helping to make 2023 a safe, fun and rewarding season!!



2023 Committees 2023 Chairs & Members

Audit Joe Kirkland, Shawn Kern, Judy Posey, Bonnie

Morgan

Audio-Visual Equipment Ed Bullock

Budget Earl Philips/Gene Merrell
Education Ed Duggan/Christy Schram-Duggan

Election & Nominations (Position Open)
Equipment & Inventory Ed Duggan

Fair Christy Schram-Duggan Fundraisers Ed Bullock

RTP Grant Christy Schram-Duggan

Historian Tim Meyer Issues Carol Johns

Memberships Leslie Conner-Maiyo

Newsletter Dan Maiyo
Packing Clinic Scholarship Chuck Miller
Parliamentarian Rebecca Jones
Programs Monica Stanton
Projects Dan Brandborg
Social Marketing Travise Grinnell
Sunshine Cindy Beck

Sunshine Cindy Beck
Trail Rides Jan Bullock
Training Bonnie Morgan
Website Design Nancy Pollman

## Bitter Root Back Country Horsemen 2023 Officers & Board

<b>Chapter Officers</b>			
Position	Name	Term	Contact
President	Jan Bullock	2023	(907) 242-9853
Vice President	Christy Schram-Duggan	2023	

Vice PresidentChristy Schram-Duggan2023SecretaryKathy Stroppel-Holl2023TreasurerBarbara Walker2023

2023-24

Brad Pollman

**BCHMT State Chairman Board Members State Director** Term Term Dan Brandborg Brad Pollman 2022-23 2022-23 Wade Murphy **Chuck Miller** Carol Johns 2022-23 2023-24 Dan Maiyo 2022-23 **Alt. State Director BCHMT National Director** Karen Philips 2022-23 Travise Grinnell Brad Pollman 2023-24 Ed Duggan 2023 2023-24 Joe Kirkand 2023-24 **Past President** Diane Duffie 2023-24 Dennis Hardman 2023-24 Gene Merrell

## Horse Sense - Sponsored by:



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## Why Do We Change Bits? By Martin Black Eclectic Horseman Magazine

Why do we change from one bit to another on our horses? This can tell us something about our horsemanship and ourselves. Sounds like one of those dreaded self-evaluations? — "It's not me, it's them!"

If you want to improve your horsemanship, look at what you are doing, let your horse evaluate you. He has nothing to prove, and he doesn't have an ego.

If we have a problem and we are changing bits to fix a problem, did you consider how to prevent from making the same mistake next time? Or is it something you accept as "just something some horses do?" A horse does not just get heavy in the face or fight the bit because he wants to go against pressure and get into trouble. He can't make sense of what we are doing so he becomes heavy and tolerant of the pressure or he becomes confused and frustrated. Then he learns to avoid the pressure from the bit by flipping his head or trying to pull the reins out of our hands to try and get some relief from the constant pressure of someone holding onto them. When this is the case, changing to a new bit might help for a day or two, but if you do not change your presentation with your hands, you will end up right back in the same place.

On the other hand, things can be going along reasonably well and we can change bits to give him a more refined signal where he can feel more and our hands can do less. This is received completely different. The horse accepts and responds positively. The other way the horse may respond intimidated.

Some bits are designed to offer more feel and some are designed to inflict more pain but the acceptance isn't there, or he may be

. The reason being, the tongue of the horse has plenty of feel but yet is much more tolerant to

pressures than the bars of the horse's mouth. The tongue itself is a muscle and the tissue that the tongue is made up of is tougher than the sensitive bar tissue. When the tongue is soft it has some give to it, so if he accepts the pressure of the bit, the tongue and the poll stay soft and he gives or responds to the bit. If he doesn't respond softly, the tongue muscle flexes along with the poll and he braces against the bit and is able to protect the more sensitive areas of his mouth.

Bits that don't operate on the tongue and put pressure on the bars of the horse's mouth, such as "tongue relief" bits, are designed to inflict pain. The bars are very sensitive; they don't have any give like the lip or tongue; therefore, it doesn't take very much pressure from these bits to cause damage such as bruising, swelling, or tearing the tissue. The obvious signs of this are when the horse's head elevates and/or the nose goes out. If we are using devices to control the horse's head position, we have already bypassed the feel stage and are operating off of pressure by using more leverage, more pain, or we have his head tied down to inhibit the horse's negative responses. We are addressing the symptoms and not the problem. The problem is we are too aggressive, too quick or too strong with our hands, and the horse doesn't understand or doesn't have time to respond. The symptoms of this are for him to fight or go against pressure. If the horse can't get away from pressure, he will go against it.

The pallet is also softer tissue with little give, is very sensitive and can contribute a lot of feel and response to a bit. But, if there is so much pressure that we go beyond his feeling it and it becomes painful, he will open his mouth to get away from the pain. Here again there are devices to treat the symptom of this scenario and prevent his mouth from opening and the problem goes on unaddressed. The bits don't generally cause the problems we see with head

position or mouth opening; it's the pressure we put on the reins that is the problem. We need to address our timing and the amount of pressure we apply with our hands.

The unfortunate thing is so many bits designed today are to inflict pain and intimidate the horse to respond. Bit makers are looking for a "new and improved" model to market and are willing to compensate a "Professional Horseman" to endorse it. Most of the time it is a "Professional Competitor" that is endorsing the new invention and you don't see all the horses that don't survive their program. Only the successful ones are acknowledged, so the new bit must work.

There are plenty of old designs from Europe and the old Spanish Bits modified in old California that were used for hundreds of years by arguably some of the best horsemen the World has ever seen. Their horsemanship was studied for military purposes and for work. Their survival depended on their success with their horses. I believe there is plenty to learn by understanding the way to use some of the old designs and not turn to the quick fixes. We need to take more responsibility for why it is not working instead of grabbing a bigger hammer to fix it.

# BACKCOUNTRY KITCHEN Sponsored By:



# **The Shirt Spot**

1704 N 1<sup>st</sup> St Unit C Hamilton MT 59840 406-389-4096 The Shirt Spot is new to Montana since April 2023, but has over 20 years' experience in the industry! Services offered include printing, embroidery, sign banners, stickers and business cards. Quality clothing including tee's tank tops, and ladies crop tops are offered at a reasonable price. Also offered is a huge variety of headwear ready for embroidery!

### **COWBOY POTATOES**

- 4 slices bacon
- 1 medium-sized onion
- 6 medium-sized potatoes
- ½ teaspoons or more of coarsely ground black pepper
- Salt to taste
- Add salt and pepper before the cooking is finished.
- More water may be required.
- Serves six average servings, or four Bitter Root Backcountry Horsemen.

Fry bacon until crisp. Remove bacon and slice the onion into the hot drippings. Fry until golden yellow. Remove onions and pour out bacon drippings, until only a tablespoon remains. Break bacon into bits and return it with the onions to the pan. Slice in the potatoes and immediately cover with water. Bring to a boiling point, then lower the fire and allow to simmer until the potatoes begin to cook to pieces and the liquid thickens.

# BITTER ROOT BACK COUNTRY HORSEMEN (DRAFT) GENERAL MEETING MINUTES, AUGUST 17<sup>TH</sup> 2023

The August 2023 general meeting of the Bitter Root Back Country Horsemen (BRBCH) was called to order by President Jan Bullock at 7:00 pm. The meeting was held at the Rock Creek Horse Camp at Lake Como. Approximately 26 members were present, with a Board quorum. Ed Bullock led the Pledge of Allegiance to start the meeting.

Guests: Dustin and Kate Fletcher, with young son Beau

#### **PROGRAM**

Christy Schram-Duggan, County Fair: Fair will be Wed, Aug 30 thru Sat, Sep 2. The chapter has supported the Fair since 1978; it is our only fundraiser. Folks work the gates selling and taking tickets/stamping hands. Volunteers check in at the West gate. Shifts are 4-5 hours, and you get into the fair for free the day you work and another day. Shifts are usually 8-noon, noon-5, and 5-9pm. The fair committee will meet Aug 26-27 to do final work. Day/Evening managers will meet Aug 27 to get familiarized with the new gates and paperwork. A group of members spent many hours getting the booths updated to be more comfortable for volunteers. About 20 slots are left for folks to sign up.

### **BUSINESS**

Minutes: The July minutes were printed in the August Nag News; there were no corrections. Christy Schram-Duggan motioned and Julie Schram seconded to accept the July general meeting minutes. The motion carried.

Treasurer's Report: Barb presented the August treasurer's report. Karen Philips motioned and Travise Grinnell seconded to accept the August treasurer's report. The motion carried.

### CORRESPONDENCE AND ANNOUNCEMENTS

**Safety Moment:** Ground hornets are active! If you run into them, move on quickly and note the location for other trail users.

### **COMMITTEE REPORTS**

Grants: The committee of Dan Brandborg, Diane Duffie, and Barb Walker reported that their search found a lot of money out there for trail improvement projects. They chose two projects to pursue: 1) Clearing the trail from the Fred Burr reservoir to the top of the pass to Mill Creek, and 2) Completing a loop from Big Creek through Idaho and down Bear Creek. They have an MCC crew reserved and have consulted with a private contractor. The club's in-kind donation could be in the form of pack support and food before and after their trips. Applications open up in

November/December. One of our club goals next spring will be to clear the trails up to where the crews will be starting their work.

**Issues:** Carol Johns reported that the Draft for the Environmental Assessment for the Bitterroot Front project has been made available and comments will be accepted for 30 days. It is a 360-page document and the comment deadline is September 14. She also noted that there was a good article by Laura Lundquist in the Missoulian about the proposed mining operation for rarearth minerals on their Sheep Creek claim, near the confluence of the West Fork of the Bitterroot River and Sheep Creek.

**Projects:** Dan Brandborg reported that we have finished 7 projects so far this year. The Bear Creek project was successful, cutting out over 60 trees to get to the top of the pass.

St Mary's Lookout Support – future runs are Aug 24 and Sep 7. Contact Ed D for more info. This effort supports the Selway-Bitterroot Frank Church Foundation. Those trips are great public relations exposure. Ed D has started Mill Creek runs for the irrigation district, every 5 days; 20-mile roundtrip ride. He starts around 7:30am, back by 6:30pm. Fred Burr Upper Trail Project will be finalized soon.

Dan Brandborg reported that one of the RAC grant possibilities would be to create a kiosk at the Bear Creek trailhead with some sort of "tablet" for hikers and riders to record trail conditions, such as "ground hornets at mile 3!"

State Directors: No report.

**Education & Training:** Any new folks need to see Bonnie M to get training if they want to ride on a project.

**Membership:** Leslie reported there are currently 88 memberships and 139 members.

**Outreach:** Karen requests members to send her good photos of projects so she can have some printed up for thank you cards.

**Program:** Tracy Hawkins, a barrel racer will speak at the Sep meeting. Her topic is "Riding Basics from Trail to Arena."

**Sunshine:** If anyone knows of a member who needs a get well, congratulations, or condolence card, let Cindy Beck know.

### **OLD BUSINESS**

Ed Duggan will be putting the tools for projects in the trailer that formerly carried the "Leave No Trace" equipment.

### **NEW BUSINESS**

Ed Bullock reported that a new page sponsor for the Backcountry Kitchen recipes is "The Shirt Spot." He is new in Hamilton and does embroidery and silkscreen images on many items, from shirts to hats. He is located on Hwy 93 in the old Sears building. Several members have requested getting items with the BRBCH logo so the club is looking for someone to coordinate getting prices and taking orders from members.

### OTHER BUSINESS

**Next Meeting:** September 21 at the Corvallis Grange, potluck at 6:30, meeting at 7:00 pm. Coffee: Karen Philips, hot water: Diane Duffie

Travise Grinnell motioned and Diane Duffie seconded to adjourn the meeting. The motion carried. The meeting adjourned at 8:32 pm

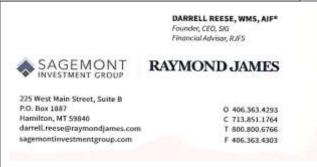
Bonnie Morgan (for Kathy Stroppel-Holl, Secretary BRBCH)

### BITTER ROOT BACK COUNTRY HORSEMEN BOARD MEETING AGENDA, SEPTEMBER 7<sup>TH</sup> 2023 (CANCELED)

















# Bitter Root Back Country Horsemen



**NEXT BRBCH MEETING** 

Thursday, September 21st 2023

Location:

**Corvallis Grange Hall** 

Dinner at 6:30pm Meeting at 7:00pm

Visit our Website: bchmt.org/bitterroot